

## SUDDEN ILLNESS

### 1. FAINTING:

- A. NO HEAD, NECK OR BACK INJURIES(ELEVATE FEET 12 INCHES)
- B. ROLL TO SIDE IF SICK
- C. IF HAVE HEAD, BACK, AND NECK INJURIES(DON'T MOVE PERSON)

### 2. DIABETIC EMERGENCY

- A. WONT KNOW UNLESS TOLD OR KNOW HIS CONDITION
- B. GIVE SUGAR
- C. IF UNCONSCIOUS—CALL AND DON'T GIVE ANYTHING BY MOUTH

### 3. SEIZURES

#### A. SIGNALS

- 1. CHANGE IN LEVEL OF CONSCIOUSNESS  
CONFUSION/DROWSINESS
- 2. RHYTHMIC JERKING OF THE HEAD AND LIMBS
- 3. URINATING/DEFECATING
- 4. CRY OUT
- 5. BECOME RIGID
- 6. HOLD A BREATH
- 7. EYES ROLL UPWARD

#### B. FIRST AID

- 1. CUSHION HEAD—FOLDED CLOTHING OR TOWEL
- 2. DON'T HOLD/RESTRAIN
- 3. NOTHING IN MOUTH OR BETWEEN TEETH
- 4. MOVE OBJECTS AWAY TO PROTECT PERSON