

#### 4. STROKE

##### A. FIRST AID

F =FACE --ASKED TO SMILE-- DROOPING

A =ARM—RAISE BOTH ARMS—WEAKNESS IN LIMBS

S = SPEECH —SIMPLE SENTENCE—SLURRING

T= TIME—NOTE WHEN SIGNALS BEGAN

#### 5. ALLERGIC REACTION

##### A. SIMPLE---EYES WATER OR ITCH

##### B. CAUSE S OF ANAPHYLAXIS

1. FOOD

2. INSECT STING

3. MEDICATION

4. LATEX

##### C. ANAPHYLAXIS SIGNALS

1. SWELLING, ITCHING AND HIVES

2. RED WATERY EYES

3. RUNNING NOSE

4. COUGHING, WHEEZING OR DIFFICULTY IN BREATHING

5. THROAT TIGHTNESS OR CLOSING

6. DIFFICULTY IN SWALLOWING

7. NAUSEA/VOMITING

8. STOMACH CRAMPS

9. CHANGE OF VOICE

10. SENSE OF DOOM

11. DIZZINESS, FAINTING OR LOSS OF CONSCIOUSNESS

12. CHANGE IN SKIN COLOR

##### D. SHOT

EPI PEN----

1. WITHIN 15 MINUTES EFFECTIVE MEDICATION LASTS

2. HEART COULD POUND AFTER SHOT